



## WEEK TWO

### JOHN 13:34-35

Jesus teaches us to  
love one another.

## SAY THIS

WHAT TELLS YOU  
WHICH WAY TO GO?  
THE BIBLE TELLS ME  
WHICH WAY TO GO.

## DO THIS



## DRIVE TIME

As you drive, ask your child to point the way to familiar places. Ask questions like, "Do I turn here, or here?" Thank him/her for pointing the way to go. When you get where you're going, repeat Psalm 25:4 and tell him/her that God uses the Bible to point the way for us to go.

## REMEMBER THIS

"Show me the right path, O Lord; point out the road for me to follow."  
Psalm 25:4, NLT

## BASIC TRUTH

GOD MADE ME. GOD LOVES ME.  
JESUS WANTS TO BE MY FRIEND FOREVER.

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## 15 MINUTES TO BEING A GREAT PARENT

By Lauren Terrell

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*Being a great mom is SO easy. You just have to play Barbies with your kids all day long. Maybe sometimes take a break to play Candyland. Chores are so unnecessary!!* These were actual thoughts I remember having as a child.

I didn't anticipate, however, what would happen to my love for "fun" over the next two decades that would make doing the dishes (in silence) immensely more appealing than playing Barbies with a 5-year-old.

Before I knew it, I found myself making any and every excuse to NOT play with my daughter. I had somehow morphed into the parent I never thought I would become—who doesn't love and live to play childhood games.

A few months ago, I found myself dreading 7am like I would a root canal because I knew it meant another 12-hour struggle with my daughter who wanted my attention at Every. Single. Waking. Moment.

That's when I came up with The Fun Fifteen.

I knew I was missing out on a relationship with this daughter I loved so much because of our competing ideas of fun. So I began to wonder, "If I give in and dedicate 15 minutes of my undivided attention to her every day,

doing what she wants to do, would she still be so desperate for my attention?"

So we made a chart with stock photos of things we liked doing together (that could be done in 15 minutes). I let her pick an activity and set the timer. And then I played like it was what I'd been waiting for my whole life. When the timer went off, we were both bummed (I expressed more disappointment than I truly felt). But I told her I couldn't wait for our next "Fun Fifteen" tomorrow.

It's only been a few months since we started our Fun Fifteen. Some days I am begging the timer to go off. Other days, I ignore the timer and it turns into a Fun Twenty or even Fun Fifty. And, my relationship with my daughter has improved immensely. I feel like a good (maybe even great?) mom.

If you are overwhelmed by the amount of attention your kids seem to need, or if having fun with your child feels more like a chore, try implementing your own Fun Fifteen. I think you'd be surprised how making a conscious choice to have fifteen minutes of FUN every day could radically change your relationship.

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