



## WEEK ONE

### LUKE 5:1-7

Jesus catches a lot of fish after Peter couldn't catch any.

## SAY THIS

**WHO CAN DO ANYTHING?  
JESUS CAN DO ANYTHING.**

## DO THIS



## MORNING TIME

When you go into your child's room this month say, "Good morning, [child's name]!" Cuddle up beside him and say, "Jesus is your friend and I am too! Ready for a great day together?"

## REMEMBER THIS

"With God all things are possible."  
Matthew 19:26 NIV

## BASIC TRUTH

**JESUS WANTS TO BE MY FRIEND FOREVER.**

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## PRACTICING FAITH SKILLS WITH YOUR PRESCHOOLER

by Holly Crawshaw

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If you're a parent who is growing in your faith, chances are you want the same thing for your child. It may feel overwhelming to know where to start, but that's okay. The point is to start *somewhere*, keeping in mind that it's never too early to begin making deposits in their spiritual foundation. Helping your child develop a faith that will one day become their own means instilling faith-growing practices into their daily habits.

Take advantage of the time you already have with them in the natural rhythm of your day—during morning time, drive time, bath time, and cuddle time. Start developing these habits now by practicing these four faith skills when they are young:

**HEAR:** Practice hearing and doing what God says. \*Repeat short scripture verses, read Bible story books, and sing simple songs like, "Jesus loves me."

**PRAY:** Practice praying to God. \*Pray out loud with your child regularly. Encourage them to pray, too. Use simple, concrete language. For example, "God, thank you for our eyes. They help us to see!"

**TALK:** Practice talking about God. \*Talk to your preschooler about how God created the earth and everything in it! Tell them God loves them and that Jesus wants to be their friend forever.

**LIVE:** Practice living for God. \*Model God-honoring practices for your preschooler, sing praise and worship songs with them, prompt them to share and to help others.

These faith skills have the potential to create an incredible spiritual foundation in the life of your child, even during the preschool stage. The most important thing to remember is that when you model a daily pursuit of your own relationship with God, it accomplishes much more than your words ever could. If you want it to be in them, it has to be in you first.

Cue: Make your own spiritual growth a priority and practice demonstrating these faith skills with your child.

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