



WEEK THREE

1 SAMUEL 18:1-4, 20:3-42

David says goodbye to his best friend, Jonathan.

**SAY
THIS**

**WHO CAN HELP YOU?
GOD CAN HELP ME.**

**DO
THIS**



CUDDLE TIME

Cuddle up with your child this month and pray, "Dear God, I am so thankful You will always be with [child's name]. I pray as he/she grows up that he/she will go to You when he/she needs help. Thank You for the way You love us. I love You, God. In Jesus' name, amen."

REMEMBER THIS

"We have the Lord our God to help us."
2 Chronicles 32:8 NLT

**BASIC
TRUTH**

GOD LOVES ME

WHY ASKING FOR HELP ISN'T ENOUGH

by Holly Crawshaw

If you're anything like me, you find yourself in this situation often: eyes closed, fists clenched, blood pressure rising, and the only words you can grumble are...*God, help me.*

The chocolate milk has been spilled for the fourth time in one meal. *God, help me.*

The whining plays on a loop like fingernails dragging down a chalkboard. *God, help me.*

The arguing in the backseat has persisted from the moment the car doors opened. *God, help me.*

The walls got new artwork, courtesy of a curious toddler and a pack of now-destroyed markers. *God, help me.*

I'm so guilty of this—of asking for God's help without really *asking* for God's help.

I pray these words, but usually half-heartedly...What am I doing to show that I *mean* the words? The answer?

Nada. I go about my day and I don't *change* my behavior. But that's not how prayer works. (I wish!)

Relying on God to help us in our parenting means exchanging our natural reactions for His example and advice. It means exchanging my human weaknesses for His supernatural strength. It means trusting that I was chosen by Him to be the mother of these tiny *psychos* humans—regardless of how much I feel like a failure.

There's nothing wrong with a desperately whispered, *God, help me.* In fact, it should be our daily plea. But, I want to show God with my *choices*, my *words*, and my *attitude* that I really do need His help and that I am already responding to it when I invite Him in.

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