



Life Group Questions

Grace Over Guilt

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November 4th 2018

This message is available online at sagehillchurch.com for further study.

Key Scriptures:

Ephesians 2:1-10; Romans 8:1-4; Luke 8:26-39; Romans 5:1-15

Main Idea: Release the Guilt, Embrace the Grace

1. Turn in the Chains for Christ's Clothing
2. Stand Firm in Your Salvation Swag
3. Go with Grace
4. Live Empowered

Talk about it:

Ice Breaker: What is your most embarrassing moment? If you don't feel like sharing that story, what was the funniest thing that has happened to you or your family in public?

Read Ephesians 2:1-10

Take some time to share about how God's grace has saved you. This would be a great opportunity to share your brief (2 minutes) testimony of when you came to faith in Christ and how the Lord has been moving in your life.

Read Romans 8:1-4

One of the keys to living in Christ is in recognizing what He has done for us. How have you experienced freedom from condemnation? Do you feel free from it? Do you still experience feelings of condemnation?

Read Ephesians 6:10-17

How can you put on the clothing of Christ? How can you put on the armor of God? What is the point of the armor of God?

Read Romans 5:1-5

How is God's grace empowering you in your life? Do you see God's grace producing perseverance, character and hope in your life? Do you feel

shame/guilt or God's love through the filling of the Spirit?

Close in Prayer

Challenge for the Week: Choose one way each day this week to remind yourself and others of their freedom in Christ.