



1 John Week #5 Notes

1 John 5:4-5 New International Version (NIV)

4 for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith. 5 Who is it that overcomes the world? Only the one who believes that Jesus is the Son of God.

John 16:33 New International Version (NIV)

33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

OPENING THOUGHT: Because Jesus overcame I can overcome.

1 John 5:4-5 New International Version (NIV)

4 for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith. 5 Who is it that overcomes the world? Only the one who believes that Jesus is the Son of God.

MAIN IDEA: I overcome when I...

#1- I overcome when I Keep God's commands.

1 John 5:2-3 New International Version (NIV)

2 This is how we know that we love the children of God: by loving God and carrying out his commands. 3 In fact, this is love for God: to keep his commands. And his commands are not burdensome

Mark 12:28-31 New International Version (NIV)

28 One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, "Of all the commandments, which is the most important?" 29 "The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one.[a] 30 Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.'[b] 31 The second is this: 'Love your neighbor as yourself.'[c] There is no commandment greater than these."

"The fruit of sonship is when the will of the father and the will of the son coincide"

1 John 3:17-18 New International Version (NIV)

17 If anyone has material possessions and sees a brother or sister in need but has no pity on them, how can the love of God be in that person? 18 Dear children, let us not love with words or speech but with actions and in truth.

#2- I overcome when Keep MY FAITH IN JESUS.



1 John Week #5 Notes

1 John 5:5 New International Version (NIV)

5 Who is it that overcomes the world? Only the one who believes that Jesus is the Son of God.

1 John 5:20 New International Version (NIV)

20 We know also that the Son of God has come and has given us understanding, so that we may know him who is true. And we are in him who is true by being in his Son Jesus Christ. He is the true God and eternal life.

Hebrews 11:1 New International Version (NIV)

11 Now faith is confidence in what we hope for and assurance about what we do not see.

#3- I overcome when Keep confident.

1 John 5:14-15 New International Version (NIV)

14 This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

Philippians 1:6 New International Version (NIV)

6 being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

#4- I overcome when Keep away from IDOLS.

1 John 5:21 New International Version (NIV)

21 Dear children, keep yourselves from idols.



1 John Week #5 Notes

Talk about it:

Ice Breaker- What's your favorite sports movie? In most movies there's an underdog; who was the underdog in your favorite sports movie? How did they overcome and who did they overcome?

Read & discuss 1 John 5:4-5 and John 16:33

How did Jesus overcome the world? What are some things you're facing right now that you'd like to overcome? What stands in your way of overcoming? Many times the difficulty of overcoming is not understanding what victory looks like in a situation; define a win in a circumstance you need to overcome?

Read & discuss 1 John 5:3 and Mark 12:28-31

What are the two top commands in scripture? How do you LOVE God according to 1 John? What are some ways you "express love" to God? What are some ways you show love for others? What is difficult about loving God? How does keeping God's commands help us overcome?

Read & discuss 1 John 5:5, 5:20 and Hebrew 11:1

In what areas of your life does faith come easy? Where do you struggle to keep faith in Jesus? What stands in the way of more faith? How does faith help us overcome?

Read & discuss 1 John 5:14-15 and Philippians 1:6

What are you currently believing God for? What about 1 John 5:14-15 gives you confidence? How does being confident that Jesus hears us help us overcome?