



WEEK ONE

MATTHEW 7:24-27

Sand & Rock

SAY THIS

**Practice hearing and
doing what God says.**

DO THIS



BED TIME

Read Matthew 7:24-27. Share with each other what you think it means to build your life on a foundation of rock rather than a foundation of sand. "Building on the rock," takes two steps. You've gotta hear what God says and then you've got to act and put God's words into practice. Pick one thing you know God has said and choose some ways you can put that into practice this week.

REMEMBER THIS

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."
1 Timothy 4:8, NIV

LIFE APP

COMMITMENT – Making a plan and putting it into practice

PRACTICING FAITH SKILLS WITH YOUR CHILD

by Holly Crawshaw

If you're a parent who is growing in your faith, chances are you want the same thing for your child. But feeling responsible for the spiritual development of your kid may seem overwhelming. But the good news is we're here to help.

We're kicking the year off teaching kids four faith skills that will help them develop a faith of their own. (These skills work for parents, too!) It takes practice and persistence to develop a skill, so we want to encourage you to practice these faith skills together as a family throughout the week:

HEAR: Practice hearing and doing what God says. Make sure your children have an age-appropriate Bible of their own. Memorize this month's Bible verse as you start to practice what it says: *Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.* 1 Timothy 4:8, NIV

PRAY: Practice praying to God. Pray with your child on a daily basis—before school, before meals, or before bed. Help them get in the habit of talking to God out loud about many different things.

TALK: Practice talking about God. Share stories about your own personal faith journey. It's okay to talk about the doubts or struggles you've had, along with the ways God has shown His faithfulness to you.

LIVE: Practice living for God. Find ways to serve your church or community together and talk about making wise choices that honor God.

Here are a few tips to consider as you talk about faith together:

- **You don't have to have all the answers.** It's okay—healthy, even—to say, “I don't know,” when it comes to questions about faith. Other great responses are, “Let's ask someone who knows more,” “Let's look it up together.”
- **Tap into resources.** Pick out a family devotional or one just for your kid. *Know God* and *Where in the World* are great devotional journals to help kids develop their faith. (available on the Parent Cue store at www.ParentCueStore.org)
- **It starts with you.** Modeling a daily pursuit of your relationship with God accomplishes much more than our words ever could.

Just remember: God has uniquely wired you to raise your kid. You can do this. Ask for help—from your church, from other parents further along in their season of life, and from God.

For more blog posts
and parenting resources, visit:
ParentCue.org