



WEEK TWO

PSALM 90:12

Teach Us to Number Our Days

SAY THIS

Use your time wisely.

DO THIS



MEAL TIME

Ask a kid: Would you rather have unlimited free time or unlimited money, and why?

Ask a parent: What was something you had to save up to buy when you were a kid? How did you treat that thing once you got it?

REMEMBER THIS

"Whoever can be trusted with very little can also be trusted with much."
Luke 16:10a, NIV

LIFE APP

STEWARDSHIP – Taking care of what you have because it all belongs to God

This is an excerpt adapted from *Don't Miss it* by Reggie Joiner and Kristen Ivy

Your son or daughter is speeding through each phase of life faster and faster, and if you're not careful, it's easy to miss.

You will only get 52 weeks to know your eight-year-old as an eight-year-old, and then they will be nine. And you will never know them again as an eight-year-old.

So don't hurry through the present phase of your kid's life just so you can move on to whatever is next. Don't embrace an attitude that says, "This is just a phase I need to get through as soon as possible." Instead, inspire your family to believe, "This is just a phase, and I don't want to miss it."

The fact is you have a limited number of weeks with your son or daughter.

Try creating a visual countdown clock. Start with a jar of 936 marbles. Why 936? Because that is the estimated number of weeks between birth and high school graduation. Then reduce the number of marbles in your jar to match the actual number of weeks you have left with each child.

Then start a simple ritual: Remove one marble every week.

Over time, the practice of losing marbles can have a meaningful effect. It will remind you to value your time. It will make each week matter a little more. It will reinforce a simple principle: When you see how much time you have left, you tend to do more with the time you have now.

You may be thinking...*That's a really stupid idea. I already feel enough pressure. I can't wait to be reminded every day that I'm running out of time with my kids.* Okay. Maybe there is a downside to creating a marble countdown clock—like: depression, guilt, anxiety, drinking.

So, you could consider the alternative: Ignore that time is slipping away and pretend your kids will never grow up. What if you could find balance between living in denial that

your kid will pack their bags and move out one day, and the sheer panic that makes you double-bolt and padlock the doors to keep them in?

Try creating a countdown clock to help you make the most of the time. Prioritize what matters most and make the most of the time you have left.

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